ÖGUM

Österreichische Gesellschaft
für Ultraschall in der Medizin

Leitlinien zur Standarddokumentation der Hand

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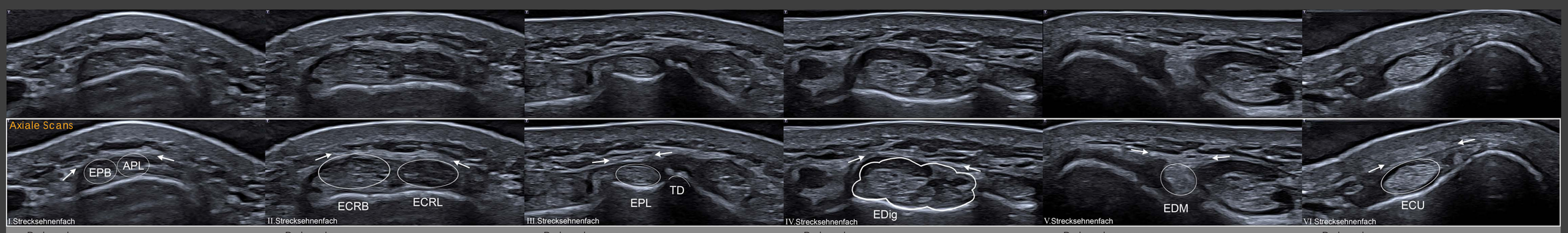
Dorsales Handgelenk



→ Ret. extensorum ←
APL = M. abductor pollicis longus
EPB = M. extensor pollicis brevis

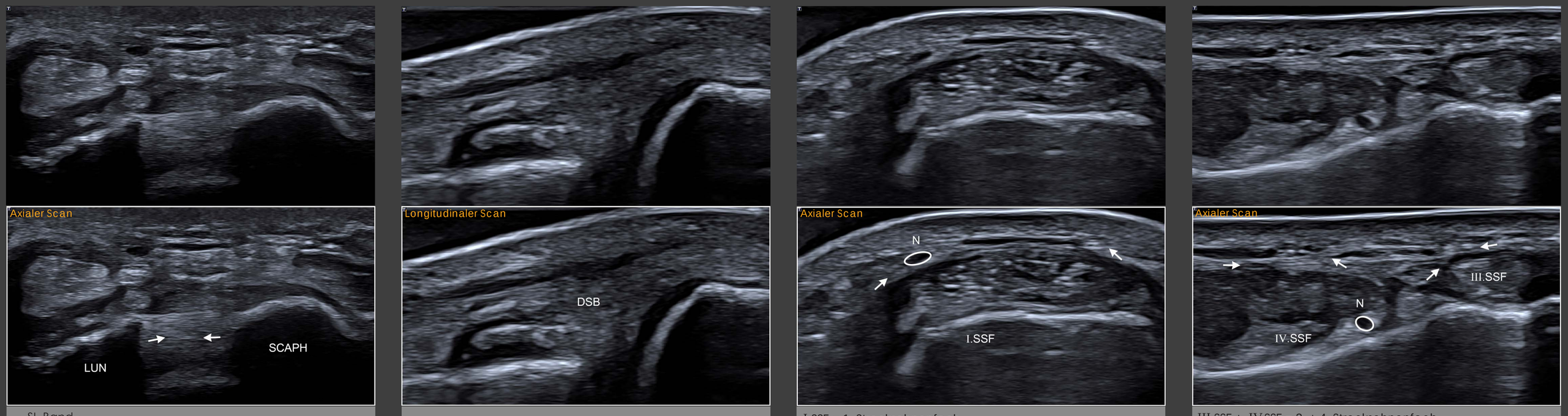
→ Ret. extensorum ←
ECRB = M. extensor carpi rad. brevis
ECRL = M. extensor carpi rad. longus

→ Ret. extensorum ←
EPL = M. extensor pollicis longus
TD = Tuberculum dorsale

→ Ret. extensorum ←
EDig = Mm. extensores digitorum

→ Ret. extensorum ←
EDM = M. extensor digiti minimi

→ Ret. extensorum ←
ECU = M. extensor carpi ulnaris



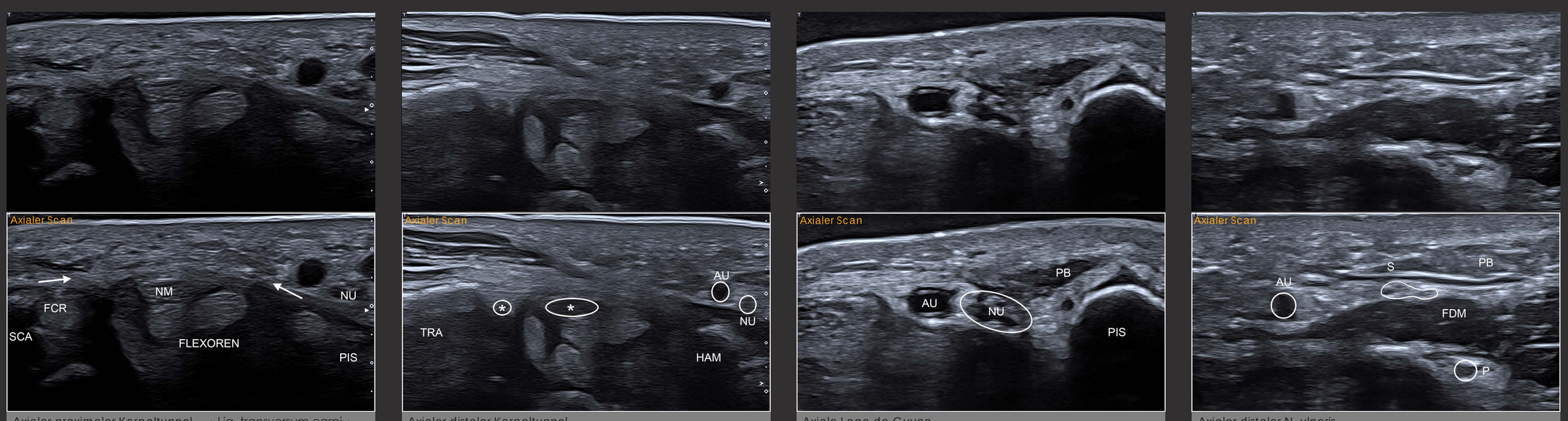
→ SL-Band ←
LUN = Lunatum
SCAPH = Scaphoid

ulnares Daumenseitenband längs

I.SSF = 1. Strecksehnenfach
→ Retinaculum extensorum ←
O = R. superficialis n. radialis

III.SSF + IV.SSF = 3. + 4. Strecksehnenfach
→ Retinaculum extensorum ←
O = R. profundus n. radialis

Palmares Handgelenk



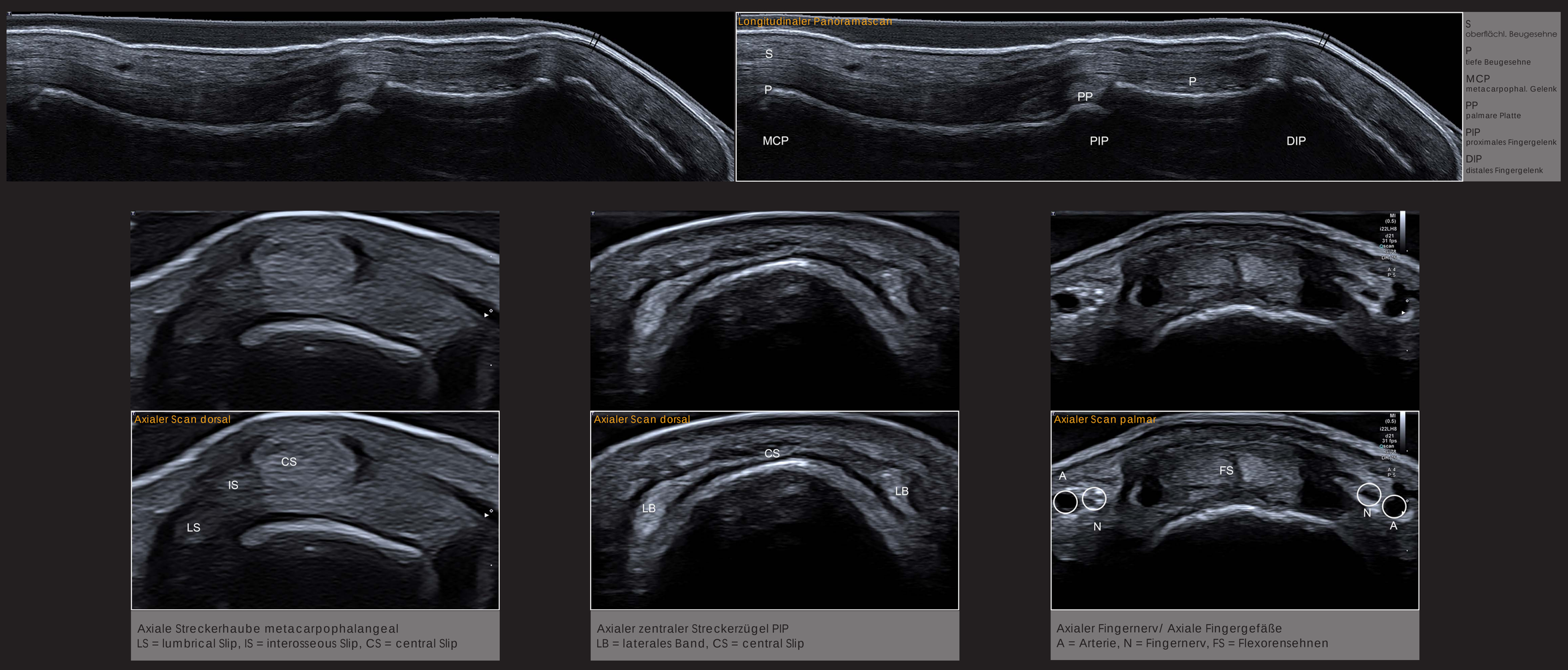
Axialer proximaler Karpaltunnel, → Lig. transversum carpi ←
SCA = Scaphoid, FCR = M. flex. carpi radialis, Flexoren,
NM = N. med., NU = N. uln., PIS = Os pisiforme

Axialer distaler Karpaltunnel
TRA = Trapezium, * Nn. palm. dig. comm., HAM = Hamatum,
AU = A. ulnaris, NU = N. ulnaris

Axiale Loge de Guyon
AU = A. ulnaris, NU = N. ulnaris,
PB = M. palmaris brevis, PIS = Os pisiforme

Axialer distaler N. ulnaris
AU = A. ulnaris, S = R. sup. n. ulnaris, PB = M. palmaris brevis,
FDM = M. flexor digiti minimi, P = R. prof. n. ulnaris

Finger



S
oberflächl. Beugesehne
P
tiefe Beugesehne
MCP
metacarpophal. Gelenk
PP
palmare Platte
PIP
proximales Fingergelenk
DIP
distales Fingergelenk

Axiale Streckerhaube metacarpophalangeal
LS = lumbrical Slip, IS = interosseous Slip, CS = central Slip

Axialer zentraler Streckerzügel PIP
LB = laterales Band, CS = central Slip

Axialer Fingernerv/ Axiale Fingergefäße
A = Arterie, N = Fingernerv, FS = Flexorensehnen

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